

## IN THE SPECIFICATION

Please replace the paragraph beginning at page 1, line 3 (including title), with:

The invention relates to a method ~~according to the preamble of claim 1~~ for operating a warm or hot air booth by using a cold medium.

Please replace the paragraph beginning at page 3, line 3, with:

By ~~the~~ some measures according to the invention ~~claims 2 and 3~~, the stimulus effects sought are enhanced.

Please delete the paragraph beginning at page 3, lines 5.

Please replace the paragraph beginning at page 3, line 19, with:

By ~~the~~ some measures according to the invention ~~claim 6~~, a favorable distribution of the cold medium is achieved, for example to protect the guests of a sauna from an unpleasant cold shock.

Please delete the two paragraphs beginning at pages 3, lines 21 and 23.

Please delete the paragraph beginning at page 4, line 2.